

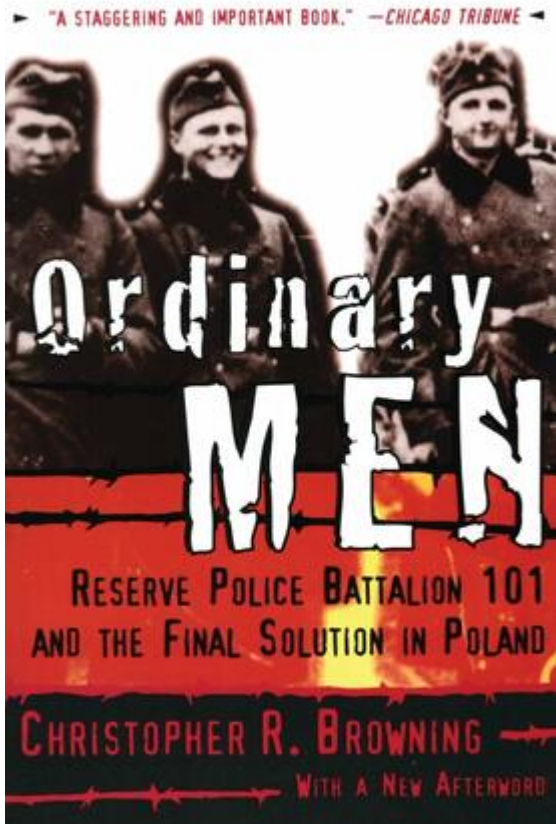
Oct 16th 2024

Why Good People Become Monsters (Video + Book tips)

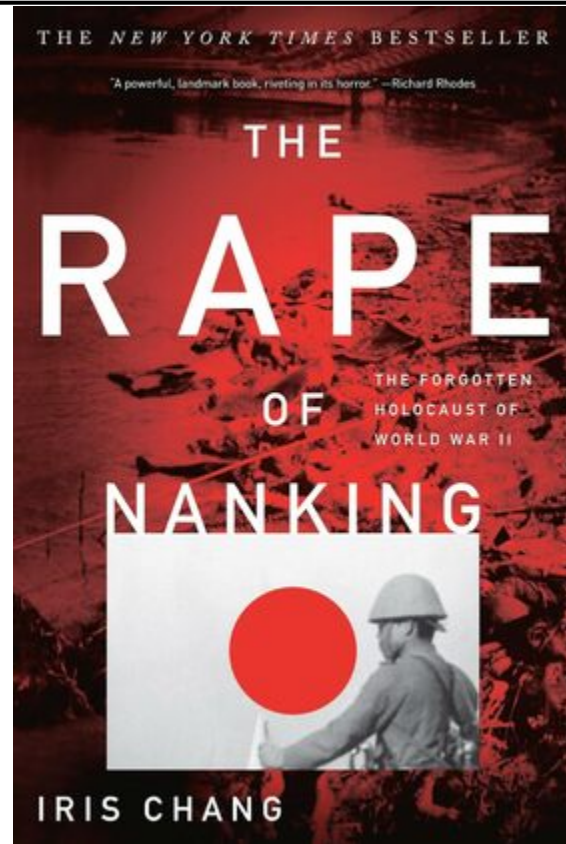
In this mind-bending exploration of Philip Zimbardo's **The Lucifer Effect**, we dive deep into the unsettling truth that good people—yes, even you—can turn into monsters under the right circumstances. From the infamous Stanford prison experiment to the shocking obedience revealed in the Milgram experiment, we unravel how ordinary individuals are led down dark paths by forces like authority, dehumanization, and the loss of personal responsibility. But it's not all doom and gloom—discover how awareness, personal accountability, and the conscious choice to act heroically can help you resist the pull of evil. This video isn't just an analysis; it's a call to arms to confront the darker sides of human nature and choose the light, every single day.



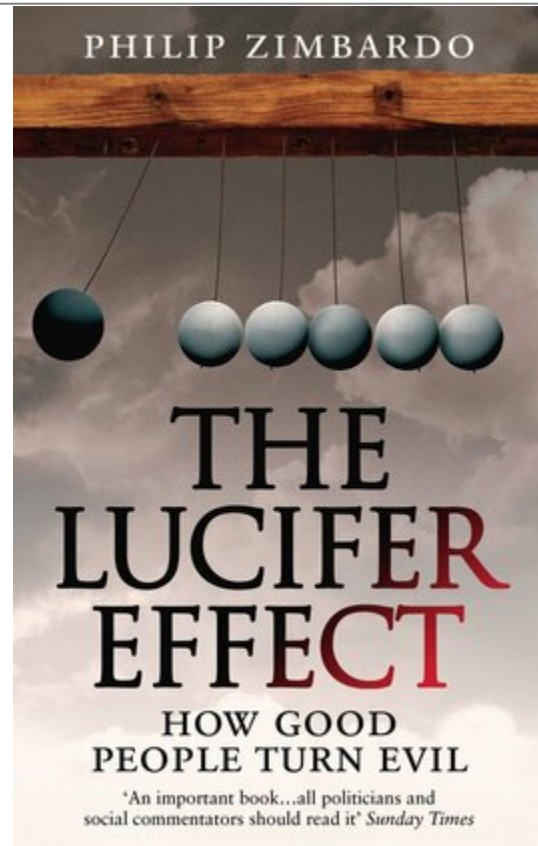
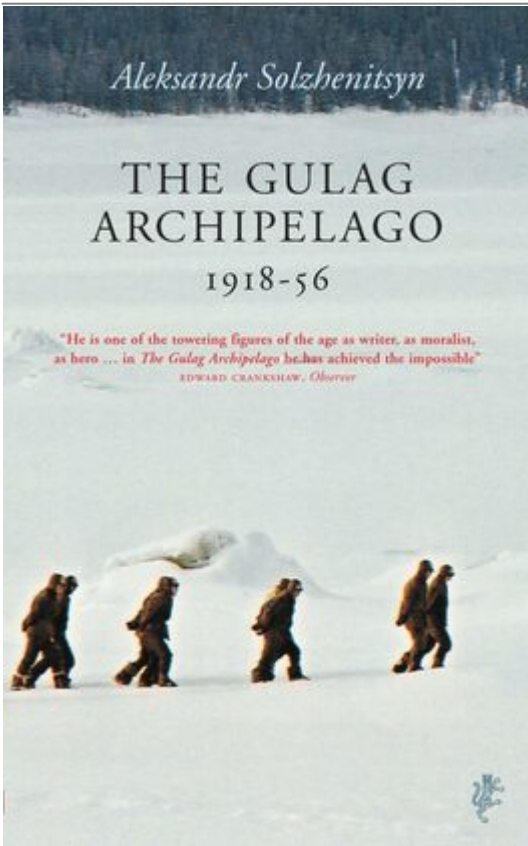
These books come to mind while watching



[Ordinary Men](#)



[Rape of Nanking: The Forgotten Holocaust of World War II](#)



[The Gulag Archipelago: Aleksandr Solzhenitsyn](#)

[The Lucifer Effect: How Good People Turn Evil](#)

About the Author

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